

Training Course Outline

Course Title

Practical Leadership Skills

Who is it for?

Does your job role have a leadership element? Do you need to motivate your team to meet and pass your targets? This course will show you how with skills and tips you can immediately use at work.

What is it about?

What happens when you involve and inspire those you lead? It can create many positive changes in your working environment. This course teaches you core leadership skills that immediately raise your ability to be a more effective leader. Role plays and scenarios allow you to test out what you learn, seeing the true potential of the skills. The course will make you aware of your existing skills and good practice, and then build your scope to become more effective.

Overview of Course

All course content is adapted to meet the specific needs of attendees at each course. The course can also be tailored to your precise organizational needs.

Contents

Leading you:

-  Leadership and management - Differences
-  Understanding leadership behaviours – Good & bad
-  Leading by example – Trust, respect & empathy
-  Personal patterns, beliefs and rules – Your personality
-  Awareness of what's going on around you

Leading your team:

-  Handling your own and other people's stress
-  Defining qualities and strengths – Knowing your team
-  Interpersonal and communication skills – Listen, think, respond
-  Inspiration, motivation, empowering and commitment
-  Making decisions - Taking positive action

What will you get from the course?

- ✓ Insight into your personality, skills and existing good leadership practices
- ✓ Raised awareness of your team's strengths and obstacles, and tips to create immediate positive change
- ✓ Ability to expand your scope to lead using new skills
- ✓ Greater knowledge of how leadership changes your workplace
- ✓ Immediate positive inspiration and motivation to lead your team
- ✓ 6-months email coaching support to refuel your positive focus